



Classic Series Hyper Extension Bench

SKU: **GG-CLASSIC-006**

Stable posterior chain training for lower back, glute, and hamstring development. Built for commercial gyms, this hyper extension bench supports controlled movement with a compact, heavy-duty design. Targets the lower back, glutes, and hamstrings for focused posterior chain training. Heavy-duty steel frame supports reliable commercial use. Compact footprint helps maximise strength and functional training areas. Stable platform encourages smooth, controlled back extension exercises. Suitable for bodyweight and resistance-based movements. Foam padding improves comfort during repeated use. Commercial rating makes it ideal for gyms, ...

Technical Specifications

Weight	65.9 kg
Length / Depth	179.7 cm
Height	106.7 cm
Width	71.6 cm

