



Classic Series Hip Thrust

SKU: **GG-CLASSIC-009**

Dedicated hip thrust positioning helps users target glutes more effectively with improved comfort, stability, and control during every rep. Built for busy commercial environments, this bench combines a heavy-duty steel frame with ergonomic support and a wide anti-slip platform for confident lower body training. Designed for glute-focused strength and lower body development Wide anti-slip foot platform improves stability throughout hip thrust movements Free-weight loading supports progressive strength training Heavy-duty commercial steel frame built for daily gym use Ergonomic padding provides comfort and support under load Co...

Technical Specifications

Weight	93.5 kg	Plate Loaded	Yes
Length / Depth	155.3 cm		
Height	48.9 cm		
Width	104.6 cm		

