



Spartan Rig

SKU: **GG-SPARTAN-R**

Commercial-rated, all-in-one functional training rig with integrated storage and accessories included as standard that makes the most of limited floor space while supporting busy group and individual sessions. The Spartan Rig links four training stations with a central monkey bar ladder, creating a versatile hub for strength and functional work across all ability levels. Its 8 m x 8 m recommended operating space is ideal for gyms that want maximum training variety in a controlled footprint.

Key Features

- O-Spare multi-station layout with four connected training stations for continuous functional circuits.
- Central monkey bar ladder to add climbing, traversing, and bodyweight conditioning options.
- Commercial build quality with 2 x 100 kg weight stacks for demanding daily use in high-traffic gyms.
- Spacious footprint (L 480 x W 438 x H 254 cm) that comfortably supports multiple users at once.
- Nine integrated storage trays to keep kettlebells, medicine balls, and accessories organised and off the floor.
- Six U-Link adjustment columns for quick attachment of suspension trainers, power bands, and other tools.
- Comprehensive accessory package including suspension trainers, battle rope attachment, adjustable step and dipping station, chin-up bars, punchbag with mitts, medicine ball rebounder, and full kettlebell and medicine ball sets for instant, multi-modal training.

Technical Specifications

Weight	590 kg	Weight Stack	200 kg
Length / Depth	480 cm	Pin Select	Yes
Height	254 cm		
Width	438 cm		
Frame Weight	390 kg		

