



Spartan Studio Rig

SKU: **See variants**

Compact multi station studio rig designed to deliver full strength and functional training in a tight footprint. The Spartan Studio Rig supports both group sessions and one to one coaching, giving your members challenging, varied workouts without wasting floor space.

Key Features

- Space-efficient multi-station rig that delivers full body strength and functional training in a compact footprint
- Recommended 5m x 4m operating space keeps group and PT sessions flowing safely
- Dual weight stacks (1 x 100 kg, 1 x 220 lbs) support heavy cable work for all abilities
- Eight integrated storage trays keep kettlebells, medicine balls and accessories organised and off the floor
- Six U Link adjustment columns provide multiple anchor points for suspension trainers and power bands
- Includes punchbag, battle rope, rebounder and core trainer for conditioning, power and rotational work
- Supplied with kettlebell, medicine ball and double grip medicine ball sets plus powerbands for instant studio use
- Adjustable step / plyometric platform and chin up bars expand bodyweight and explosive training options
- Commercial-grade construction built for busy studios and small group training environments

Technical Specifications

Length / Depth	314 cm
Height	243 cm
Width	340 cm

Available Variants

Option	SKU	Weight
Black	GG-STUDIO-B	400 kg
Red	GG-STUDIO-R	400 kg

Weight Stack 100 kg

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