



Re-Life Series, Ab / Back

SKU: **GG-RELIFE-106**

Full-body strength circuit for every fitness level designed to build strength, support rehabilitation, and promote active ageing. The Re-Life Series combines adaptive hydraulic resistance with a smooth, controlled motion, helping users train safely and effectively at any stage of fitness.

Key Features

- Eight hydraulic machines delivering up to 15 total exercises in a compact setup
- Adjustable hydraulic resistance adapts instantly to user effort
- Low-risk, joint-friendly design lets users stop movement safely at any time
- Dual-position handles for correct posture and comfortable training
- Soft, durable upholstery that's skin-friendly and easy to maintain
- Transport wheels for quick, effortless repositioning
- Integrated water bottle and phone holders for convenience during workouts

Technical Specifications

Weight	56.7 kg
Length / Depth	109.7 cm
Height	116.5 cm
Width	84.2 cm
Max User Weight	180 kg

