Oak Insert Lifting Platform





SKU: **See variants**

Solid oak inserts for Olympic lifting stability deliver a smooth, secure surface that keeps lifters grounded under heavy loads. Designed to sit flush with 20mm, 30mm, or 40mm tiles, they create a consistent gym floor level without the need for a raised platform.

Key Features

- Provides a strong, stable surface for Olympic lifts
- Integrates seamlessly with 20mm, 30mm, and 40mm floor tiles
- Eliminates raised platform edges for safer transitions
- Durable oak construction built for heavy commercial use
- Creates a clean, professional look across lifting zones
- Ideal for strength areas, performance studios, and functional spaces

Technical Specifications

Length / Depth	200 cm
Height	20 cm
Width	100 cm

Available Variants

Option	SKU	Weight
40mm	GG-PLAT40MM	75 kg
30mm	GG-PLAT30MM	75 kg
20mm	GG-PLAT20MM	50 kg