



Dual Series, Lat Pulldown / Low Row

SKU: **GG-DUAL-001**

This space efficient, dual function machine allows users to increase back strength through a choice of lat pull-down and mid-row exercises. The adjustable thigh pad, extended seat pad and foot bar make it easy for users to position themselves optimally for the exercise selected.

Key Features

- Dual function machine to maximise the space requirement
- Robust and heavy duty construction
- Aircraft spec 5mm American LOOS cable with a 2,000lb breaking strength
- End fittings tested to 250,000 cycles using full weight stack
- Glass fibre reinforced nylon pulleys with deep V-groove provides secure cable seating and fluid bearing motion
- Interchangeable cable attachments (includes lat pull down bar and seated row attachments)
- Adjustable thigh pad ensures user comfort and stability
- Colour coordinated weight stack

Technical Specifications

Weight	208.2 kg
Length / Depth	174 cm
Height	218 cm
Width	101 cm

