







Pro Series Plate Loaded, Bicep Curl

SKU: **GG-PRO-PL-118**

The Pro Series Plate Loaded Bicep Curl machine is a sturdy and effective device designed for targeted bicep training. With its adaptable seat, you can ensure comfort during your workout. The weight horns offer customisation to your fitness level, and this machine is space-efficient compared to conventional selectorised equipment.

Key Features

• The seat cushion is easily adjustable and can be operated with one hand.

• The inward angle of the handles is designed according to ergonomic principles.

• The belt-connected resistance system follows the muscle strength curve.

Technical Specifications

Weight	56 kg
Length / Depth	130.2 cm
Height	98.8 cm
Width	70.7 cm
Frame Weight	56 kg
Start Weight	4.8 kg
Loading Capacity	200 kg
Plate Loaded	Yes