



Pro Series Plate Loaded Lat Pulldown

SKU: **GG-PRO-PL-116**

The Pro Series Plate Loaded Lat Pulldown is a versatile machine for building upper body strength. It primarily targets the latissimus dorsi, biceps, and forearms. The secure leg pads keep users firmly in place, providing stability during workouts. Its compact design makes it an excellent choice for personal training studios or home gyms, offering an efficient solution for comprehensive upper body training.

Key Features

- Oversized leg pads to meet the training needs of different groups
- High-strength engineering plastic barbell tube protective cover
- Limiting mechanism to ensure the safety of the trainer



Technical Specifications

Weight	95 kg	Plate Loaded	Yes
Length / Depth	170.3 cm		
Height	204.7 cm		
Width	133.9 cm		
Frame Weight	95 kg		
Start Weight	6.8 kg		
Loading Capacity	0 kg		

