





Pro Series Plate Loaded, Hack Squat / Leg Press

SKU: **GG-PRO-PL-114**

Train multiple lower body muscle groups in one machine with the Pro Series Plate Loaded Hack Squat / Leg Press. Built for versatility, it switches quickly between hack squat and leg press modes, offering smooth, controlled motion and efficient weight loading.

Key Features

• Targets quadriceps, hamstrings, hips and calves for complete leg training

• Quickly converts between hack squat and leg press with simple adjustments

• Angled weight horns allow easy plate loading and unloading

• Four back pad angle settings to suit different training preferences

• Adjustable starting height accommodates users of all sizes

• Back pad can be removed for fast exercise transitions

• Protective barbell tube cover enhances durability of weight horns

• Limiting mechanism ensures safety and control throughout movement

Technical Specifications

Weight	77.5 kg
Length / Depth	263.4 cm
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Width	102 cm
Frame Weight	77.5 kg
Start Weight	42 kg
Loading Capacity	350 kg
Plate Loaded	Yes