



Pro Series Plate Loaded, Hack Squat / Leg Press

SKU: **GG-PRO-PL-114**

Train multiple lower body muscle groups in one machine with the Pro Series Plate Loaded Hack Squat / Leg Press. Built for versatility, it switches quickly between hack squat and leg press modes, offering smooth, controlled motion and efficient weight loading.

Key Features

- Targets quadriceps, hamstrings, hips and calves for complete leg training
- Quickly converts between hack squat and leg press with simple adjustments
- Angled weight horns allow easy plate loading and unloading
- Four back pad angle settings to suit different training preferences
- Adjustable starting height accommodates users of all sizes
- Back pad can be removed for fast exercise transitions
- Protective barbell tube cover enhances durability of weight horns
- Limiting mechanism ensures safety and control throughout movement



Technical Specifications

Weight	77.5 kg	Plate Loaded	Yes
Length / Depth	263.4 cm		
Height	263.4 cm		
Width	102 cm		
Frame Weight	77.5 kg		
Start Weight	42 kg		
Loading Capacity	350 kg		

