



Pro Series Plate Loaded, Seated Leg Extension

SKU: **GG-PRO-PL-106**

Target and strengthen the quadriceps with the Pro Series Plate Loaded Seated Leg Extension. Built for comfort and control, this machine delivers smooth motion and easy plate loading, making lower body training efficient and effective.

Key Features

- Isolates and develops the quadriceps for strength and definition
- Weight pins allow fast plate loading and unloading
- Auxiliary handles keep training movements stable
- Adjustable back pad supports users of different sizes
- Form adjustments available to suit individual needs
- Limiting mechanism provides added safety during use
- Engineered for smooth, consistent motion under load



Technical Specifications

Weight	71 kg	Plate Loaded	Yes
Length / Depth	124.6 cm		
Height	99.5 cm		
Width	117.3 cm		
Frame Weight	71 kg		
Start Weight	2.8 kg		
Loading Capacity	150 kg		

