



Pro Series, Adjustable High / Low Pulley

SKU: **GG-PRO-133-M**

Compact, versatile, and built for performance, the Pro Series High / Low Pulley is designed for full-body training, targeting both upper and lower limbs. It helps improve balance, coordination, core strength, and overall stability, making it a valuable addition to any gym setup. This unit can also be combined with a connection bar and the 4 Station Multi-Gym to create a cable crossover or a 5-station training hub, offering even more training variety for larger facilities.

Key Features

- Biomechanically accurate movement for smooth, natural exercise
- Multi-functional design for upper and lower body workouts
- Adjustable starting positions for proper setup and user comfort
- Compatible with multi-station configurations
- Ideal for improving core stability, coordination, and balance

Technical Specifications

Weight	173.8 kg
Length / Depth	126 cm
Height	234 cm
Width	145 cm

