







Pro Series, Multipress

SKU: **GG-PRO-103**

Train chest, shoulders, and triceps in one unit. The Pro Series Multi Press delivers smooth, controlled pressing movements with adjustable settings for comfort and safety. Its versatile design supports multiple upper body exercises while maintaining biomechanical accuracy for consistent performance.

Key Features

- Targets chest, deltoids, and triceps for balanced strength training
- Biomechanically accurate path for smooth, joint-friendly movement
- Adjustable starting position for correct alignment
- Multi-functional design to support varied pressing exercises
- User-friendly setup suitable for all training levels

Technical Specifications

Weight	226.9 kg	**Weight Stack**	91 kg
Length / Depth	203 cm	**Pin Select**	Yes
Height	153 cm		
Width	145 cm		