



Pro Series, Leg Extension / Leg Curl

SKU: **GG-PRO-119**

Built for lower body strength and control, the Pro Series Leg Extension / Leg Curl targets both the quadriceps and hamstrings in one efficient unit. With a quick-adjust back pad and selector pin weight system, users can set up easily and train with confidence. The machine offers a smooth, biomechanically accurate range of motion, ensuring joint-friendly performance across both extension and curl movements. Ideal for strengthening key muscle groups while maintaining proper form and comfort.

Key Features

- Dual-function machine for leg extension and leg curl exercises
- Targets quadriceps and hamstrings effectively
- Biomechanically accurate movement for smooth operation
- Adjustable back pad for personalised setup
- Selector pin for quick weight changes
- Comfortable and safe for a variety of users



Technical Specifications

Weight	228.3 kg
Length / Depth	129 cm
Height	153 cm
Width	109 cm

Weight Stack	91 kg
Pin Select	Yes

