



# Pro Series, Assisted Chin / Dip

SKU: **GG-PRO-107**

Dual-function strength training in one machine, the Pro Series Assisted Chin / Dip Combo delivers effective upper body development with both assisted pull-ups and tricep dips. The assisted foot support makes training accessible for all strength levels, while quick weight adjustments and multiple grip options keep workouts efficient and versatile.

## Key Features

- Dual-function design for chin-ups and tricep dips
- Assisted foot support enables controlled training for all users
- Multiple handlebar positions for varied grips and muscle targeting
- Engages lats, triceps, biceps, deltoids, and serratus anterior
- Selector pin system for fast resistance changes

## Technical Specifications

|                       |          |
|-----------------------|----------|
| <b>Weight</b>         | 196.5 kg |
| <b>Length / Depth</b> | 131 cm   |
| <b>Height</b>         | 250 cm   |
| <b>Width</b>          | 126 cm   |
| <b>Frame Weight</b>   | 107 kg   |

|                     |         |
|---------------------|---------|
| <b>Weight Stack</b> | 72.5 kg |
| <b>Pin Select</b>   | Yes     |

