

Sterling Series, Deadlift

SKU: **GG-STER-116**

Built for heavy lifting, the Gym Gear Sterling Series Deadlift platform is a free weight trainer designed for deadlifts, squats, trap bar movements, and other strength-focused exercises. Its open design supports a wide range of lifts, making it ideal for functional strength zones and performance-based training spaces. The robust frame is constructed with high-quality needle bearings and a powder-coated, heat-cured finish for long-lasting durability. Olympic weight horns provide efficient plate storage, and the plate-loaded nature of the unit keeps maintenance requirements low.

Key Features

- Supports deadlifts, squats, trap bar lifts, and traction exercises
- Heavy-duty construction with high-quality needle bearings
- Electrostatic powder-coated and heat cured for maximum durability
- Biomechanically engineered for natural movement patterns
- Olympic weight horns fitted as standard for storage convenience
- Low maintenance due to plate-loaded design

Technical Specifications

Weight	130 kg	**Plate Loaded**	Yes
Length / Depth	167 cm		
Height	64 cm		
Width	170 cm		
Frame Weight	130 kg		
Loading Capacity	300 kg		