



Sterling Series, Standing Chest Press

SKU: **GG-STER-103**

Powerful and versatile, the Gym Gear Sterling Series Standing Chest Press is designed for complete upper body development. The upright position promotes functional strength, while multi-grip handles allow users to train at different angles to effectively target the chest, shoulders, and triceps. Engineered for commercial performance, the heavy-duty frame includes high-quality needle bearings, a heat-cured powder-coated finish, and Olympic weight horns for convenient storage. Its biomechanical design ensures smooth movement and joint-friendly performance across all training intensities.

Key Features

- Standing press position for functional upper body training
- Multi-grip handles for varied angle targeting
- Heavy-duty construction with high-quality needle bearings
- Electrostatic powder-coated and heat cured for lasting durability
- Biomechanically aligned for natural movement
- Olympic weight horns fitted as standard for efficient storage
- Low maintenance due to plate-loaded design

Technical Specifications

Weight	75 kg	Plate Loaded	Yes
Length / Depth	217 cm		
Height	213 cm		
Width	200 cm		
Frame Weight	75 kg		
Start Weight	10 kg		
Loading Capacity	300 kg		

