





Perform Series, Inner / Outer Thigh

SKU: **GG-PERFORM-023**

Dual-function thigh training in one machine The Perform Series Inner / Outer Thigh delivers targeted abductor and adductor work with smooth, controlled resistance. Adjustable settings ensure comfort and correct biomechanics for users of all sizes and flexibility levels.

Key Features

• Abductor and adductor training for complete thigh development

• 3mm thick structural tubing for long-lasting strength

• Weight stack cage built with D-shape and racetrack tubing for stability

• 3.2mm thick translucent ABS shrouds for protection and impact resistance

• High-density poly-foam pads with reinforced double stitching for comfort

• American Loos™ nylon-coated cable tested for over 250,000 cycles

• Adjustable back pad and starting position to fit different users

• Ergonomic TPV handlebars with aluminium end stops for control

• Fully shielded moving components to maximise user safety

• Lathed pulley with precision bearing ensures smooth operation

• Integrated bottle holder keeps hydration close at hand

• Certified to EN957 safety standards

Technical Specifications

Weight	224.7 kg	**Weight Stack**	72 kg
Length / Depth	155.5 cm	**Pin Select**	Yes
Height	150.6 cm		
Width	90 cm		
Frame Weight	131 kg		