



Perform Series, Leg Extension / Leg Curl

SKU: **GG-PERFORM-021**

The Perform Series Leg Extension / Leg Curl is designed to isolate both quadriceps and hamstrings with precision. Dual functionality allows controlled leg extensions and curls in one machine, combining effective lower-body training with joint-safe biomechanics. Adjustable pads and an angled backrest ensure comfort, correct positioning, and consistent performance.

Key Features

- 3mm thick frame tubing for strength and long-term durability
- Weight stack cage built from 95 x 81.1 x 3mm D-shaped and 50 x 100 x 3mm racetrack tubing for stability
- 3.2mm translucent ABS shrouds provide protection and impact resistance
- High-density poly-foam upholstery with reinforced double stitching for comfort and longevity
- Self-lubricating American Loos™ cable with nylon-coated 12-strand fibre rated for 250,000+ cycles
- Adjustable thigh and ankle pads support correct mechanics and personalised positioning
- Ergonomic TPV handlebars with aluminium ring stops deliver a secure grip
- Shielded dynamic components improve user safety
- Precision lathed pulley with bearings ensures smooth movement
- Integrated bottle holder keeps hydration close at hand
- Certified to EN957 safety standards



Technical Specifications

Weight	280 kg	Weight Stack	91 kg
Length / Depth	135 cm	Pin Select	Yes
Height	150.6 cm		
Width	122.7 cm		
Frame Weight	167 kg		

