





Perform Series, Leg Extension / Leg Curl

SKU: **GG-PERFORM-021**

The Perform Series Leg Extension / Leg Curl is designed to isolate both quadriceps and hamstrings with precision. Dual functionality allows controlled leg extensions and curls in one machine, combining effective lower-body training with joint-safe biomechanics. Adjustable pads and an angled backrest ensure comfort, correct positioning, and consistent performance.

Key Features

• 3mm thick frame tubing for strength and long-term durability

• Weight stack cage built from 95 x 81.1 x 3mm D-shaped and 50 x 100 x 3mm racetrack tubing for stability

• 3.2mm translucent ABS shrouds provide protection and impact resistance

• High-density poly-foam upholstery with reinforced double stitching for comfort and longevity

• Self-lubricating American Loos™ cable with nylon-coated 12-strand fibre rated for 250,000+ cycles

• Adjustable thigh and ankle pads support correct mechanics and personalised positioning

• Ergonomic TPV handlebars with aluminium ring stops deliver a secure grip

• Shielded dynamic components improve user safety

• Precision lathed pulley with bearings ensures smooth movement

• Integrated bottle holder keeps hydration close at hand

• Certified to EN957 safety standards

Technical Specifications

Weight	280 kg	**Weight Stack**	91 kg
Length / Depth	135 cm	**Pin Select**	Yes
Height	150.6 cm		
Width	122.7 cm		
Frame Weight	167 kg		