





Perform Series, Back Extension

SKU: **GG-PERFORM-016**

The Perform Series Back Extension strengthens the erector spinae with a smooth, controlled extension movement. The pivoting back pad and lumbar roller provide consistent support, while the advanced movement arm eliminates dead spots for a more effective workout.

Key Features

- Targets erector spinae for lower back strength and stability
- Durable 3mm thick structural tubing with reinforced D-shaped and racetrack frame design
- 3.2mm translucent ABS shrouds for lasting protection and impact resistance
- High-density poly-foam upholstery with reinforced stitching for comfort under load
- American Loos™ nylon-coated cable rated for 250,000+ cycles
- Adjustable back pad for precise alignment and user comfort
- Ergonomic TPV handlebars with aluminium ring stops for secure grip
- Fully shielded dynamic components and precision lathed pulley for smooth operation
- Integrated bottle holder for easy access during training
- Certified to EN957 safety standards for reliable use

Technical Specifications

Weight	214.8 kg	**Weight Stack**	72.5 kg
Length / Depth	123.3 cm	**Pin Select**	Yes
Height	150.6 cm		
Width	118.5 cm		
Frame Weight	123.7 kg		