





Perform Series, Torso Rotation

SKU: **GG-PERFORM-014**

The Perform Series Torso Rotation targets the internal and external obliques with a controlled multi-directional rotation. The ratcheting system allows quick and precise adjustment of the start position, while contoured chest, thigh, and seat pads ensure maximum core engagement with reduced stress on the lower back. Key features: 3mm thick frame tubing for enhanced durability and stability Translucent 3.2mm ABS shrouds for impact and shock resistance High-density poly-foam upholstery with reinforced double stitching American Loos™ nylon-coated cable rated for over 250,000 cycles Adjustable seat for optimal positioning and comfort Ergonomi...

Technical Specifications

Weight	223.6 kg	**Weight Stack**	72.5 kg
Length / Depth	122.1 cm	**Pin Select**	Yes
Height	150.6 cm		
Width	120.2 cm		
Frame Weight	127.3 kg		