





Perform Series, Multi Press

SKU: **GG-PERFORM-003**

The Perform Series Multi Press combines chest, incline, and shoulder pressing into one machine, giving users versatile upper body strength training in a compact footprint. It targets the chest, deltoids, and triceps with smooth resistance, while adjustable pads and handles ensure every rep feels controlled and secure.

Key Features

- Chest, shoulder, and incline press in one for complete upper body development
- Heavy-duty 3mm steel frame with D-shaped and racetrack tubing for lasting strength
- Protective 3.2mm ABS shrouds shield moving parts from wear and impact
- High-density, double-stitched padding for comfort under load
- Nylon-coated American Loos™ cable tested to 250,000 cycles for reliability
- Adjustable seat, back pad, and handles for personalised positioning
- Ergonomic TPV grips with aluminium end rings for a secure hold
- Precision lathed pulleys with bearings for smooth, consistent movement
- All moving parts fully enclosed for maximum safety
- Built to EN957 safety certification standards

Technical Specifications

Weight	278 kg	**Weight Stack**	91 kg
Length / Depth	195 cm	**Pin Select**	Yes
Height	166.7 cm		
Width	146 cm		
Frame Weight	166 kg		