





Perform Series, Chest Press

SKU: **GG-PERFORM-001**

Engineered for powerful, safe pressing the Perform Series Chest Press delivers a smooth, controlled motion that mirrors the bench press without the joint stress. Independent arms and dual-handle grips let users train unilaterally or push through high-speed reps with total confidence.

Key Features

- Pre-stretch footplate for a secure start and reduced injury risk
- Independent arm movement for unilateral or reciprocal training
- Ergonomic dual-handle grips for comfort and control
- 3mm thick steel frame for maximum stability under heavy use
- 3.2mm ABS protective shroud for durability and shock resistance
- High-density poly-foam pads with double stitching for lasting comfort
- Seat height adjustment to suit different user sizes
- American Loos™ cable rated for over 250,000 cycles
- Precision pulleys with low-tolerance bearings for smooth motion
- Fully shielded moving parts for enhanced safety
- Certified to EN957 safety standards

Technical Specifications

Weight	237.3 kg	**Weight Stack**	91 kg
Length / Depth	147.5 cm	**Pin Select**	Yes
Height	150.6 cm		
Width	120 cm		
Frame Weight	127.4 kg		