



Platinum Series, Lateral Raise

SKU: **GG-PLAT-109**

The Platinum Series Lateral Raise is engineered to deliver focused, controlled resistance to the shoulder and upper back muscles. Designed to isolate the deltoids and trapezius, it allows users to perform targeted lateral raise movements without compromising on form or safety. The ergonomic build, customisable settings and contemporary finish make it a standout addition to any strength zone.

Key Features

- Low-profile, space-saving design (1492mm height) suited for all training environments
- Targets anterior, medial and posterior deltoids, along with the trapezius
- Robust 3mm electrostatic powder-coated steel frame ensures long-term durability
- Anti-corrosion treated, polished guide rods for seamless weight stack movement
- 3.2mm injection-moulded translucent shroud adds impact resistance and aesthetic appeal
- Moulded PU foam upholstery and ergonomic handles enhance comfort and support
- Reliable belt and cable drive system supports smooth, consistent performance
- Patented 3-linkage seat adjustment offers easy setup for users of varying heights
- 5lb weight stack increments allow for accurate load progression
- Dynamic components fully enclosed for added safety
- Built to meet EN957 commercial safety standards



Technical Specifications

Weight	215.4 kg	Weight Stack	73 kg
Length / Depth	110 cm	Pin Select	Yes
Height	156 cm		
Width	128 cm		
Frame Weight	169 kg		

