



Platinum Series, Seated Dip

SKU: **GG-PLAT-111**

Engineered for strict tricep isolation, the Platinum Series Seated Dip delivers smooth, controlled movement through a precise linear path. The angled seat supports correct posture, making it a safer and more accessible alternative to bodyweight dips for users of all abilities.

Key Features

- Linear motion path for focused tricep activation
- Adjustable handles to suit different arm lengths and angles
- Angled seat promotes correct posture and reduces strain
- Compact 1492mm low-profile design saves valuable floor space
- 3mm electrostatic powder-coated steel frame built for durability
- Polished, anti-corrosion guide rods for consistent performance
- 3.2mm injection-moulded translucent shroud resists wear
- Ergonomic polyurethane handles and PU foam upholstery for comfort
- Reliable cable and belt drive mechanism for long-term use
- 5lb incremental weight stack supports progressive overload
- Fully shielded moving parts for user safety
- Certified to EN957 international safety standards



Technical Specifications

Weight	264.1 kg	Weight Stack	91 kg
Length / Depth	142 cm	Pin Select	Yes
Height	156 cm		
Width	130 cm		
Frame Weight	133 kg		

