



Platinum series, Arm Curl

SKU: **GG-PLAT-110**

Strict bicep isolation with tailored fit The Platinum Series Arm Curl delivers smooth resistance and enforces proper form, ensuring every rep is controlled and effective. Its compact, premium design makes it a standout addition to any strength area.

Key Features

- Targets the biceps for precision isolation training
- Patented 3-linkage seat adjustment provides a customised fit
- 3mm powder-coated steel frame with anti-corrosion guide rods for lasting durability
- Ergonomic handles and moulded polyurethane pads for secure comfort
- 5lb incremental weight stack supports gradual progression
- Compact 1492mm footprint maximises gym floor space
- Translucent shroud adds a sleek, premium finish

Technical Specifications

Weight	253.1 kg
Length / Depth	112 cm
Height	156 cm
Width	158 cm
Frame Weight	169 kg

Weight Stack	73 kg
Pin Select	Yes

