





Sterling Series, Standing Leg Curl

SKU: **GG-STER-112**

Controlled, isolated hamstring training makes the Sterling Leg Curl an essential addition for strength-focused facilities. It delivers a smooth, natural flexion movement that corrects muscular imbalances and builds posterior chain strength. With padded supports at key contact points, users experience consistent comfort and stability throughout every rep.

Key Features

- Robust, commercial-grade construction for long-term reliability
- High-quality needle bearings ensure smooth, fluid motion
- Electrostatic powder-coated and heat-cured frame for durability
- Biomechanically engineered design promotes natural movement
- Olympic weight horns included for convenient plate storage
- Low-maintenance, plate-loaded setup keeps upkeep minimal

Technical Specifications

Weight	136 kg	**Plate Loaded**	Yes
Length / Depth	140 cm		
Height	120 cm		
Width	105 cm		
Frame Weight	136 kg		
Start Weight	5.5 kg		
Loading Capacity	120 kg		