



Sterling Series, Olympic Shoulder Bench

SKU: **GG-STER-128**

Built for high-volume use, the Sterling Series Shoulder Press delivers commercial-grade strength and durability. With a heavy-duty frame, smooth seat adjustment, and integrated weight horn storage, it's a reliable solution for effective upper body training. Ideal for gyms looking for robust, low-maintenance kit that performs rep after rep.

Key Features

- Heavy-duty frame with precision needle bearings
- Fast, smooth seat adjustment for easy setup
- Integrated weight horn storage bars
- Instruction placard showing muscle focus and setup guidance

Technical Specifications

Weight	150 kg
Length / Depth	156 cm
Height	148 cm
Width	182 cm
Frame Weight	150 kg
Loading Capacity	400 kg

