



Sterling Series, Leg Extension

SKU: **GG-STER-111**

The Sterling Leg Extension is purpose-built for isolating the quadriceps with maximum control and minimal joint strain. With a seated design that limits lower back involvement, this machine delivers a safe, focused workout. Isolateral functionality allows each leg to move independently, supporting balanced strength development. Dual side handles enhance stability throughout the range of motion, while soft leather upholstery ensures comfort during every rep.

Key Features

- Durable, heavy-duty construction with commercial-grade needle bearings
- Electrostatic powder-coated and heat-cured finish for superior longevity
- Engineered with biomechanics to match natural body movement
- Low maintenance with a plate-loaded design for consistent performance
- High-comfort padding with soft leather upholstery
- Independent arm movement for targeted leg training



Technical Specifications

Weight	131 kg	Plate Loaded	Yes
Length / Depth	127 cm		
Height	101 cm		
Width	169 cm		
Frame Weight	131 kg		
Start Weight	3.5 kg		
Loading Capacity	300 kg		

