Sterling Series, Leg Extension



SKU: **GG-STER-111**

The Sterling Leg Extension is purpose-built for isolating the quadriceps with maximum control and minimal joint strain. With a seated design that limits lower back involvement, this machine delivers a safe, focused workout. Isolateral functionality allows each leg to move independently, supporting balanced strength development. Dual side handles enhance stability throughout the range of motion, while soft leather upholstery ensures comfort during every rep.





Key Features

- Durable, heavy-duty construction with commercial-grade needle bearings
- Electrostatic powder-coated and heat-cured finish for superior longevity
- Engineered with biomechanics to match natural body movement
- Low maintenance with a plate-loaded design for consistent performance
- High-comfort padding with soft leather upholstery
- Independent arm movement for targeted leg training

Technical Specifications

Weight	131 kg
Length / Depth	127 cm
Height	101 cm
Width	169 cm
Frame Weight	131 kg
Start Weight	3.5 kg
Loading Capacity	300 kg
Plate Loaded	Yes