



Sterling Series, Bicep Curl

SKU: **GG-STER-108**

The Sterling Series Bicep Curl is engineered to isolate the biceps by eliminating shoulder involvement, ensuring targeted, effective muscle engagement. With soft leather upholstery and a quick-adjust seat, it delivers both comfort and functionality for users of all sizes.

Key Features

- Heavy-duty frame with premium needle bearings for smooth motion
- Electrostatic powder-coated and heat-cured for long-lasting durability
- Fast, easy seat height adjustment for user convenience
- Biomechanically aligned to match natural movement
- Low maintenance plate-loaded system



Technical Specifications

Weight	112 kg	Plate Loaded	Yes
Length / Depth	140 cm		
Height	120 cm		
Width	105 cm		
Frame Weight	112 kg		
Start Weight	6 kg		
Loading Capacity	120 kg		

