



Sterling Series, Rear Kick (Glute)

SKU: **GG-STER-119**

The Sterling Series Pulldown replicates the movement of a pull-up while allowing controlled resistance, making it ideal for users unable to lift their full bodyweight. Built for serious strength training, it targets the lats, traps, rhomboids, posterior deltoids, and biceps. The adjustable seat and premium upholstery ensure a secure and comfortable setup for every user.

Key Features

- Heavy-duty construction with high-quality needle bearings
- Electrostatic powder-coated and heat-cured frame for lasting durability
- Quick and smooth seat height adjustment
- Biomechanically engineered for natural movement
- Olympic weight horns for convenient plate storage
- Low maintenance thanks to plate-loaded design

Technical Specifications

Weight	142 kg
Length / Depth	168 cm
Height	164 cm
Width	123 cm
Frame Weight	142 kg
Start Weight	11 kg
Loading Capacity	150 kg
Plate Loaded	Yes