



6ft Standard Olympic Bar

SKU: **GG-BARS-102**

More versatile than fixed-weight machines, the Standard Olympic bar is the perfect tool for developing the body's ability to lift raw weight while targeting multiple muscle groups. This 6ft bar weighs 15kg and has a 700lbs load capacity, which is plenty for the majority of lifters. Product Features: 700lbs weight capacity Hardened chrome finish 32 mm diameter grip 37 inch internal dimensions Integrated cap design Bar Weight: 15kg Length 6ft

Technical Specifications

Weight	15 kg
Length / Depth	180 cm
Height	10 cm
Width	10 cm