



Pro Series Plate Loaded, Vertical Leg Press

SKU: **GG-PRO-PL-107**

Maximise lower body strength with smooth, vertical motion, the Pro Series Plate Loaded Vertical Leg Press targets the quadriceps, hips, and calves with controlled precision. A quick-adjust starting height, oversized back pad, and easy-load weight pins combine comfort, stability, and efficiency in one powerful machine.

Key Features

- Builds strength in quadriceps, hips, and calves
- Oversized, widened back pad for full support and comfort
- Quick-adjust starting height to suit different users
- Weight pins for fast, effortless plate changes
- Extended auxiliary handle for easy positioning
- Durable engineering plastic protective covers for lasting performance
- Chrome-plated guide bar with linear bearing for smooth, consistent motion
- Integrated limiting mechanism for safe training



Technical Specifications

Weight	110.4 kg	Plate Loaded	Yes
Length / Depth	165.5 cm		
Height	171.1 cm		
Width	121.4 cm		
Frame Weight	110.4 kg		
Start Weight	21 kg		
Loading Capacity	350 kg		

