



Pro Series Plate Loaded Chest Press

SKU: **GG-PRO-PL-102**

Build chest and tricep strength with controlled power, the Pro Series Plate Loaded Chest Press delivers smooth, consistent movement for effective upper body training. Quick-adjust seating, extended handles, and easy-load weight pins ensure comfort and performance, while resistance band connection points add training versatility. Targets chest and triceps for strength and muscle development Extended handles to suit users of all sizes Quick-adjust seat for optimal positioning Weight pins for fast, effortless plate changes Resistance band connection points for progressive resistance training Durable engineering plastic protectiv...



Technical Specifications

Weight	72 kg	Plate Loaded	Yes
Length / Depth	127.6 cm		
Height	124.8 cm		
Width	98.4 cm		
Frame Weight	72 kg		
Start Weight	10.6 kg		
Loading Capacity	0 kg		

