







# Elite Series, Hyper Extension (Black)

SKU: **GG-ELITE-112**

Strengthen and stretch your lower back with precision, the Elite Series Hyper Extension offers a stable, commercial-grade platform for targeted posterior chain training. Adjustable pads, ergonomic handles, and padded ankle rollers provide comfort and support, while non-slip foot plates keep every rep secure. Ideal for strengthening and stretching lower back muscles Commercial-grade heavy-duty steel frame for lasting durability Electrostatic powder-coated and heat-cured finish for superior wear resistance Adjustable hip and leg pads for a customised fit Ergonomic handles for comfort and upper body support Padded ankle rollers ...

## Technical Specifications

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| **Weight** | 44 kg |
| **Length / Depth** | 131 cm |
| **Height** | 81 cm |
| **Width** | 75 cm |
| **Frame Weight** | 44 kg |
| **Loading Capacity** | 150 kg |