







Elite Series – Multi Abdominal Bench (Black)

SKU: **GG-ELITE-111**

Target your core with adjustable precision, the Elite Series Multi Ab Bench delivers a stable, commercial-grade platform for a variety of abdominal exercises. Multiple decline positions, padded rollers, and durable construction combine comfort, versatility, and lasting performance. Ideal for a wide range of abdominal training exercises Adjustable multi-position decline bench for varied intensity Padded calf and ankle rollers for comfort and stability Commercial-grade heavy-duty steel frame for maximum durability Electrostatic powder-coated and heat-cured finish for long-lasting wear High-quality upholstered pad supports Int...

Technical Specifications

Weight	43 kg
Length / Depth	174 cm
Height	90 cm
Width	73 cm
Frame Weight	43 kg
Loading Capacity	150 kg