





Pro Series, Multi Adjustable Bench

SKU: **GG-PRO-141**

Compact, versatile, and built for strength, the Pro Series Multi-Adjustable Bench delivers a stable platform for serious lifting. With 10 angle settings from -10° to 80°, it supports everything from flat presses to incline work, while integrated wheels and handle make movement quick and easy.

Key Features

- 10 angle settings from -10° to 80° for complete upper body training variety
- Adjustable seat and back pads for tailored positioning
- Heavy-duty oval steel frame ensures strength and durability
- Stable design supports free weight and rack-based training
- Integrated handle and transport wheels for easy relocation
- Anti-slip rubber feet keep the bench secure under load

Technical Specifications

Weight	30 kg
Length / Depth	146 cm
Height	45 cm
Width	69 cm
Frame Weight	40 kg