







Blade 2.0 Rower

SKU: **CV-022**

Powerful air resistance with full control The Gym Gear Blade 2.0 Rower puts you in charge of every stroke. Adjust drag with the spiral damper, row harder to increase intensity, or ease off for recovery. A smooth flywheel and padded seat deliver comfort and consistency for long or short sessions alike.

Key Features

- Spiral damper with 10 settings to tailor drag and resistance
- Air resistance flywheel for smooth motion and low noise
- Extra-padded ergonomic seat for long-lasting comfort
- Console tracks time, distance, watts, strokes, calories, and heart rate
- 9 additional performance metrics including pace, force curve, and watt chart
- Pre-built training modes: quick start, intervals, competition, and target programmes
- 50cm seat height for easy access on and off the rower
- Folds to under 50% footprint with 4 transport wheels for one-hand movement
- Durable 42kg frame with stainless steel chain for lasting reliability

Technical Specifications

Weight	42 kg	**Screen Type**	LCD
Length / Depth	250 cm	**Power Required**	2x AA
Height	114 cm		
Width	50 cm		
Max User Weight	266 kg		