



Pro Series, Standing Calf Raise

SKU: **GG-PRO-120**

The Pro Series Standing Calf Raise is built to help users develop lower leg strength with precision and comfort. Designed for optimal performance, this machine targets the calf muscles from a standing position, offering a stable platform for progressive overload. Easy selector pin adjustments and ergonomically designed shoulder pads ensure a comfortable fit for users of all sizes.

Key Features

- Trains calf muscles effectively from a standing posture
- Leverages body weight for added resistance and effectiveness
- Adjustable start position allows a walk-in setup without the need to squat under the pads
- Curved shoulder pads and anti-slip foot platform ensure user comfort and safety throughout the movement



Technical Specifications

Weight	251.2 kg
Length / Depth	115 cm
Height	177.5 cm
Width	110.5 cm
Frame Weight	106 kg

Weight Stack	134 kg
Pin Select	Yes

