



Pro Series, Seated Leg Curl

SKU: **GG-PRO-117**

The Pro Series Seated Leg Curl is built to target the hamstrings with precision and safety. Featuring a user-friendly design with adjustable seat and roller pads, this machine provides a comfortable setup for effective lower body training.

Key Features

- Adjustable roller pads minimise risk of strain or injury
- Customisable seat position accommodates users of varying heights
- Clear yellow pivot indicator aids in achieving optimal workout alignment

Technical Specifications

Weight	198.5 kg
Length / Depth	145 cm
Height	153 cm
Width	104 cm
Frame Weight	95 kg

Weight Stack	72.5 kg
Pin Select	Yes

