Pro Series, Leg Press







SKU: **GG-PRO-115**

The Pro Series Leg Press is engineered for effective lower body training with enhanced comfort and user-friendly adjustability. From a seated position, users can strengthen their legs safely and efficiently, with quick weight selection via a selector pin and an easily adjustable back cushion for optimal alignment and support.

Key Features

- Oversized footplate supports multiple foot positions for varied leg workouts
- Foot platform rotation engages the ankles, enhancing lower limb development
- Backrest adjusts and reclines to reduce spinal load and maximise comfort
- Selector pin system enables smooth and fast resistance changes
- Ideal for targeting quads, hamstrings, glutes, and calves from a stable seated position

Technical Specifications

Weight	265.7 kg	**Weight Stack**	134 kg
Length / Depth	179 cm	**Pin Select**	Yes
Height	153 cm		
Width	117 cm		
Frame Weight	120.5 kg		