

Pro Series, Seated Row

SKU: **GG-PRO-104**



The Pro Series Seated Leg Curl is built to target the hamstrings with precision and safety. Featuring a user-friendly design with adjustable seat and roller pads, this machine provides a comfortable setup for effective lower body training.

Key Features

- Adjustable roller pads minimise risk of strain or injury
- Customisable seat position accommodates users of varying heights
- Clear yellow pivot indicator aids in achieving optimal workout alignment



Technical Specifications

Weight	199.1 kg	Weight Stack	91 kg
Length / Depth	182 cm	Pin Select	Yes
Height	153 cm		
Width	87 cm		
Frame Weight	91.5 kg		

