



Pro Series, Shoulder Press

SKU: **GG-PRO-102**

The Pro Series Shoulder Press is designed to build strength in the shoulders and arms while offering a secure and ergonomic training experience. With an adjustable seat and intuitive weight selection, users can quickly set up for a smooth and effective workout.

Key Features

- Dual-position handlebars offer multiple grip options for varied shoulder engagement
- Angled seat and back pad set at 30 degrees for optimal support and positioning
- Seat adjustment allows users of all sizes to train comfortably and effectively

Technical Specifications

Weight	205.2 kg
Length / Depth	114 cm
Height	153 cm
Width	145 cm
Frame Weight	102.6 kg

Weight Stack	91 kg
Pin Select	Yes

