



36" Standard Grip Lat Pulldown Bar (Narrow)

SKU: **GG-CA-007**

Durable chrome-plated steel with comfortable rubber grips makes the Standard Grip Lat Pulldown Bar a go-to choice for reliable upper body training. Built to handle tough use, it delivers smooth performance across back, chest, biceps and shoulder exercises.

Key Features

- Targets back, chest, biceps and shoulders for balanced strength work
- Chrome-plated solid steel build for long-lasting durability
- High-quality welds ensure stability under heavy load
- Rubber grip handles reduce strain and improve comfort
- Compatible with all standard cable machines

Technical Specifications

Weight	10 kg
Length / Depth	91 cm
Height	4 cm
Width	20 cm

