



Premium Olympic Bar

SKU: **See variants**

It flexes under load and returns to form without compromise, giving lifters absolute confidence in performance and reliability. Built from a 168,000 PSI spring steel alloy, this bar delivers exceptional strength, smooth rotation, and lasting durability for serious training environments.

Key Features

- Rated to 680kg (1500lbs) for heavy lifting and advanced strength work
- 168,000 PSI spring steel alloy ensures optimal whip and recovery
- Premium bearing system with 4 needle and 4 ball bearings for smooth spin
- 2mm mis-pattern knurling provides a secure yet comfortable grip
- 30mm grip diameter and 36" internal spacing for control and balance
- Hard chrome finish protects against rust and long-term wear
- Sealed end caps keep bearings protected from dust and debris
- Integrated cap design enhances durability and reliability
- Available sizes: 7ft (20kg), 6ft (15kg), 5ft (13kg)

Technical Specifications

Length / Depth 213 cm

Height 6 cm

Width 6 cm

Available Variants

Option	SKU	Weight
7ft	GG-BARS-104	20 kg
6ft	GG-BARS-105	15 kg
5ft	GG-BARS-106	13 kg

