

Pro Series 3 Station Multi Gym

SKU: **GG-PRO-131**



Triple-station design for simultaneous training, the Pro Series 3 Station Multi Gym packs full-body strength options into one compact unit. Built for durability and smooth performance, it delivers maximum training variety while saving valuable floor space.

Key Features

- **Station 1 – Multi Press:** Adjustable press arms and back support target chest, shoulders, and triceps
- **Station 2 – Lat Pulldown / Seated Row:** Dual-function station with foam pads and knee stops for controlled upper body work
- **Station 3 – Leg Extension / Leg Curl:** Adjustable shin and ankle pads provide comfort during lower body exercises
- Fully shrouded weight stacks enhance safety and create a professional finish
- Quick pull-pin adjustments with clear position markings for easy setup
- Adjustment levers positioned for convenience during workouts
- Compact footprint maximises training options without overcrowding the gym floor

Technical Specifications

Weight	599 kg
Length / Depth	270 cm
Height	214 cm
Width	245 cm
Max User Weight	180 kg

Weight Stack	0 kg
Pin Select	Yes

