

Tricep Pressdown Bar

SKU: **GG-CA-012A**



Built from chrome-plated solid steel with high-quality welds, this Tricep Pressdown Bar delivers long-lasting durability and performance. Rubber grip handles provide secure, comfortable control, making it ideal for isolating the triceps with maximum contraction during pressdowns.

Key Features

- Chrome-plated solid steel construction
- Heavy-duty welded design for durability
- Rubber grip handles for added comfort and control
- Perfect for tricep pressdowns and isolation work

Technical Specifications

Weight	5 kg
Length / Depth	30 cm
Height	5 cm
Width	30 cm

