



24" Parallel Grip Lat Pulldown Bar (Narrow)

SKU: **GG-CA-004**

Versatile back training with secure grip – the Parallel Grip Lat Pulldown Bar lets you switch between wide and close grip exercises for maximum muscle activation. Built from hardened chrome with premium rubber grips, it ensures control and comfort under load.

Key Features

- Targets lats, traps, and biceps for balanced back development
- Wide and close grip options to vary training intensity
- Heavy-duty hardened chrome for long-lasting durability
- Four contoured rubber grips for secure, comfortable handling
- Reliable design that withstands high-volume commercial use

Technical Specifications

Weight	15 kg
Length / Depth	60.9 cm
Height	20 cm
Width	15 cm

