

Pro Series, Olympic Decline Bench

SKU: **GG-PRO-139**

Angled frame for secure positioning, the Pro Series Olympic Decline Bench is built for heavy lifting in both commercial gyms and advanced home setups. Dual bar rests and an open frame give lifters smooth transitions, while the stable design supports confident performance on every set.

Key Features

- Dual stop hooks provide safe solo lifting without a spotter
- Contoured back pad adds comfort and support through each rep
- Adjustable leg rollers lock users in for extra stability
- Plate-loaded design minimises maintenance needs

Technical Specifications

Weight	70 kg
Length / Depth	190 cm
Height	35 cm
Width	100 cm
Frame Weight	70 kg