



Pro Series, Olympic Flat Bench

SKU: **GG-PRO-137**

The Pro Series Olympic Flat Bench is built for stability and strength, making it an essential addition to any strength training space. Designed for straightforward barbell work, its low-profile, open frame allows for quick access, while the dual bar catch system ensures safe, confident lifts.

Key Features

- Dual stop hooks provide safety and flexibility for solo training
- Durable, high-density back pad offers lasting comfort and support
- Low-maintenance plate-loaded design for long-term reliability

Technical Specifications

Weight	60 kg
Length / Depth	138 cm
Height	35 cm
Width	100 cm
Frame Weight	60 kg

